



FOOD SCIENTISTS

A group program designed to help children aged 7-9 who have had long-term difficulties with problem eating.

This nine-week program follows the principles of the Sequential Oral Sensory (SOS) Food Scientist approach to Feeding, to help children develop positive eating habits and reduce anxiety around mealtimes.

Three to four children (aged 7-9) will attend this program, which aims to help children:

- ✓ Learn about the 'science' of food (using food for energy, learning about digestion)
- ✓ Have positive experiences with food and learn about the properties of food
- ✓ Learn some simple recipes they can use at home
- ✓ Expand the range of foods they will try

Each child will also receive a 45-minute individual assessment and goal-setting session prior to the commencement of the program.

Food Scientists will be led by a Speech Pathologist or Occupational Therapist who is experienced in supporting children on the spectrum and has completed training in the SOS Approach to Feeding.

Cost: \$969.86* + \$45 for food

This program is delivered at:

Autism Queensland Brighton
136 North Road, Brighton

Autism Queensland Sunnybank Hills
437 Hellowell Road, Sunnybank Hills

For more information:

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**NDIS Individual Funding can be used for program fees.*

