

# MAKE A MEAL OF IT:

## Teens in the Kitchen....

Make a Meal of It: Teens in the Kitchen is a week long program for adolescents (13-17 years) that aims to prepare young people for the journey to adulthood through activities including cooking, budgeting, shopping and social participation.

Developed by our experienced occupational therapists, the program will be delivered in a fun, relaxed and secure environment.

Support workers, carers and family members may attend sessions to assist with the transfer of skills to the home/community setting.

**THIS PROGRAM IS DELIVERED DURING SCHOOL HOLIDAYS**

**Cost: \$1,422.53\* + \$35 for food**

Program fee includes 1 x Assessment & Goal Setting Session and 5 x 3.5hr Group Sessions

Delivered at Autism Queensland Sunnybank Hills  
437 Hellawell Road, Sunnybank Hills

**For more information:**

**P. 07 3273 0000**

**E. [customerservice@autismqld.com.au](mailto:customerservice@autismqld.com.au)**

**[www.autismqld.com.au](http://www.autismqld.com.au)**

*\*NDIS individual funding can be used for program fees.*

