



CRISIS SUPPORT SERVICE INFORMATION

The following services provide support and education for people in crisis and their families and carers.

In an
emergency
phone
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Adults, Children and Young People 24/7 Crisis Lines

- Mental Health Access Line 1300 642 255
- Lifeline 13 11 14
- Suicide Call Back Service 1300 659 467
- Beyond Blue 1300 224 636
- MensLine Australia 1300 789 978
- Kids Helpline 1800 551 800
- 1800 Respect 1800 737 732
- QLD Health 13 Health (13 432 584)

Children and Young People Support

- Headspace 1800 650 890
- Youth Beyond Blue 1300 224 636
- QLD Health Children's Mental Health Support 07 3068 2555

Online / Phone Support

- SANE Australia 1800 187 263
- Suicide Callback Service | *Online Chat*
- Beyond Blue | *Web Chat*
- eHeadspace Support | *Headspace*
- eGrow | *Grow* | *Online mental health groups*
- Griefline 1300 845 745
- Blueknot Trauma Support Disability Helpline 1800 421 468

Alcohol and Drugs Support

- Alcohol & Drug Information Service 1800 177 833
- Online Counselling 1800 888 236
- Quitline 13 QUIT (13 78 48)

Carers Support

- Carer Gateway Counselling 1800 422 737
(option 2)

Domestic Violence Support

- QLD Police | Domestic Violence 000
- 1800 Respect 1800 737 732
- MensLine Australia 1300 789 978
- DV Connect Women's Line 1800 811 811
- DV Connect Men's Line 1800 600 636
- Elder Abuse & Neglect Helpline 1300 651 192

Eating Disorders Support

- Butterfly Foundation 1800 334 673
- Eating Issues Centre 07 3844 6055

LGBTIQAP+ Support

- QLife 1800 184 527
- REACHOUT
- QLD Police LGBTI Liaison Program

Perinatal Support

- PANDA (perinatal anxiety & depression) 1300 726 306

Sexual Assault Support

- QLD Police (reporting assault) 000
- DV Connect Assault Helpline 1800 010 120
- Bravehearts 1800 272 831

Veterans Support

- Veterans Support Service 1800 011 046