



autism
queensland

FOOD SCHOOL

A group designed to help children on the autism spectrum (up to age 7) develop positive eating habits and reduce anxiety around mealtimes.

This **ten-week program** follows the principles of the Sequential Oral Sensory (SOS) Approach to Feeding, to help children develop positive eating habits and reduce anxiety around mealtimes.

THIS PROGRAM AIMS TO HELP CHILDREN:

- > Have positive experiences with food.
- > Learn about mealtime routines.
- > Decrease resistance to touching, tasting and swallowing food.
- > Expand the range of foods they will try.

Food Scientists will be led by an Occupational Therapist who is experienced in supporting children on the spectrum and has completed training in the SOS Approach to Feeding.

**There is a fee for this group.
Please contact us for a quote.**


*Fees for Autism Queensland group programs are charged under the Capacity Building – Improved Daily Living section of your NDIS Plan. If you do not have funding in this specific Support Category, please discuss with your NDIS Local Area Coordinator or phone the NDIS on 1800 800 110.)

For more information about enrolling your child, fees, NDIS funding or other services:

E. mackay@autismqld.com.au
P. 07 4841 8300

Food School is delivered at:

AQ Mackay, 10 Macrossan Street,
East Mackay QLD 4740



Each child will also receive a 45-minute individual assessment and goal-setting session prior to the commencement of the program.



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