



## AQ MACKAY SERVICES OVERVIEW

Autism Queensland is a registered provider of NDIS supports and has been providing specialised, evidence-informed services for children and adults on the autism spectrum across Queensland since 1967.

AQ Mackay is the only specialist provider of autism services in the region for people on the spectrum, their families and the professionals, schools, and others who support and work with them. The following is a snapshot of some of the services currently available. *Please refer to our website for more detailed information.*



### ALLIED HEALTH & DIAGNOSTIC ASSESSMENTS

We offer a range of comprehensive specialist and diagnostic assessments to support the process of a diagnosis of ASD in children, adolescents and adults.

### AUTISM CONSULTANT

This service provides on-going and regular support to schools from a consultant with expertise in autism. The consultant can provide direct support for students on the spectrum, coaching and mentoring of staff, assist in the development of Individual Plans, Positive Behaviour Support Plans, curriculum adjustments and more.

### SPECIALIST BEHAVIOUR SUPPORT

Our registered behaviour support practitioners develop or review Positive Behaviour Support Plans for people on the spectrum with behaviours of concern. They conduct functional behaviour assessments, provide strategy recommendations and provide training of staff and carers in how to implement the plan.

### INDIVIDUAL THERAPY

AQ provides individual therapy for people of all ages, including speech and language pathology, occupational therapy and psychology. This therapy is available face to face or online through telepractice.

### SUPPORT COORDINATION

AQ's Support Coordination team can provide people with Coordination of Supports in their NDIS Plan with expert, unbiased help in selecting services to meet their individual needs.



## GROUPS

AQ Mackay offers a selection of groups for young children, adolescents and adults. These evidence-informed groups focus on various elements and needs, life skills, job-readiness and goal setting.

**Please note:** Autism Queensland group fees are charged under the Capacity Building – Improved Daily Living section of your NDIS Plan. If you do not have funding in this specific Support Category, please discuss with your NDIS Local Area Coordinator or phone the NDIS on 1800 800 110.

**B-ME Club:** A self-discovery and learning group (ages 13-17) designed to assist with self expression, meeting new friends and practicing conversation skills.

**Cool Kids Anxiety Club:** Children (ages 6-12) and their parents can learn how to better manage anxiety.

**Food School:** Assist young children (up to age 7) to develop positive eating habits and reduce meal time anxiety.

**Food Scientists:** A supportive group for children (ages 7-9) designed to help reduce meal time anxiety and develop positive eating habits.

**Gamers Club:** A fun-filled environment for children (ages 8-10 & 11-13) designed to help develop their social skills through group activities.

**Make A Meal Of It:** For adults (18+) to learn and practice vital skills such as budgeting, shopping and cooking.

**Movie Club:** Watch movies in a friendly and supportive environment (ages 12-14 & 15-17) and practice social skills in small group setting.

**Teen Tech Shed:** An interactive group (ages 13-17) encouraging socialising around technology and extending knowledge of digital media & coding.

**The Hangout:** Learn skills to become more independent, make new friends and learn how to maintain friendships. A group for adults (18+).



## EARLYAQTION KINDI

EarlyAQtion Kindi supports children up to school entry age to develop the skills necessary for successful participation in-home and community life and transition into the next stage of their education.

## PROFESSIONAL LEARNING & PARENT EDUCATION

Our professional learning facilitators have many years' experience working with individuals on the spectrum. They deliver a selection of scheduled workshops and webinars to a range of audiences including educators, allied health professionals and parents across Queensland. They also develop and deliver customised workshops and webinars with individualised content for schools, community organisations, employers and others.

## SCHOOL ADVISORY SERVICE

Our specialist teachers and therapists visit schools throughout Queensland to provide information, advice, support, and individualised strategies to staff, other key professionals and parents. This service is supported by the Queensland Government through the Department of Education Specialist Disability Support in Schools (SDSS) Program.

**Please note:** Fees apply for all services.

Contact us for more information.

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