



autism queensland

THE HANGOUT A place to hang out & make friends

Would you like to learn the skills to become more independent?
Are you interested in meeting others with shared interests?

The Hangout is a group for adults (aged 18+) interested in connecting with others and developing skills that can help you lead an independent and healthy life.

You will **meet up weekly** across two terms (based school terms) and work collectively to plan weekly activities with the support of our mentors and therapists.

As part of *The Hangout*, you will have an individual welcome meeting before commencement at which you can share with us your interests, strengths, and supports, as well as let us know what you hope to achieve by becoming part of *The Hangout*.



YOU WILL HAVE THE OPPORTUNITY TO:

- > Meet new people and practice conversation over a meal, in group games or through common interests
- > Prepare basic meals and discuss health eating options
- > Explore areas of interest and your strengths and abilities
- > Plan group outings e.g. dining out, visiting a gaming store or social event, and problem-solve ways to get there
- > Discuss personal hygiene and learn about social safety in the community

**There is a fee for this group.
Please contact us for a quote.**

*Fees for Autism Queensland group programs are charged under the Capacity Building – Improved Daily Living section of your NDIS Plan. If you do not have funding in this specific Support Category, please discuss with your NDIS Local Area Coordinator or phone the NDIS on 1800 800 110.)

For more information about enrolling, fees, NDIS funding or other services:

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**MEET
NEW
PEOPLE**

Delivered by AQ Cairns

Location TBA at start of each program.

autismqld.com.au