

Food School

A group for children on the autism spectrum aged 0-6 to develop eating habits

Food School follows the principles of the Sequential Oral Sensory (SOS) approach to Feeding to help children develop positive eating habits and reduce anxiety around mealtimes.

These sessions aim to help children:

- Have positive experiences with food
- Learn about mealtime routines
- Decrease resistance to touching, tasting and swallowing food
- Expand the range of foods they will try.

Food School is led by a therapist experienced in supporting children on the spectrum and trained in the SOS Approach to Feeding.

There is a fee for this group. Please contact us for a quote.

Fees for Autism Queensland group programs are charged under the Capacity Building – Improved Daily Living section of your NDIS Plan. If you do not have funding in this specific Support Category, please discuss with your NDIS Local Area Coordinator or phone the NDIS on 1800 800 110.)

For more information:

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