



PEERS®

FOR ADOLESCENTS

Does your teenager have trouble making and keeping friends?

PEERS® is a 18-week evidence-based social skills intervention for motivated adolescents (13-17 years) who are interested in learning ways to help them make and keep friends.

During this online interactive program, adolescents will learn important social skills and are given the opportunity to practice these skills in session during socialisation activities (e.g. playing board games).

PEERS® may be appropriate for adolescents on the autism spectrum or with ADHD, anxiety, depression or other social and behavioural disorders. Participants must be socially motivated and attend each session with a social coach.

This internationally acclaimed program was originally developed at UCLA by PEERS® Clinic Founding Director, Dr. Elizabeth Laugeson.

Participants will learn about:

- ▶ Conversation skills
- ▶ Appropriate use of humor
- ▶ Electronic communication
- ▶ Good sportsmanship
- ▶ Handling direct and indirect bullying, managing arguments, disagreements, rumours & gossip
- ▶ Organising get-togethers with friends.

Social coaches will also learn how to assist their teens in making and keeping friends.

This program is delivered online via video conferencing. Participants must have access to a laptop, computer or tablet with video capability to participate.

There is a fee for this group. Please contact us for a quote.

**Autism Queensland group program fees are charged under the Capacity Building - Improved Daily Living section of your NDIS Plan. If you do not have funding in this specific Support Category, please discuss with your NDIS Local Area Coordinator or phone the NDIS on 1800 800 110.*

For more information or to register your interest please call 07 4923 4800 or email rockhampton@autismqld.com.au