



# Happy Hands Group

*A six-week group designed to help children on the autism spectrum aged 5-7 years develop handwriting and other fine motor skills*

Handwriting can often be a challenge for young children on the spectrum. This interactive group aims to create positive attitudes around handwriting while strengthening the fine and gross motor skills of your child.

Occupational therapists leading the sessions will use a play-based approach to help children in the group develop skills to support the development of handwriting including:

- Sitting upright
- Pencil grasp
- Drawing
- Colouring
- Creating Artwork
- Maintaining attention
- Recognising and forming shapes and letters.

All activities that would be expected at school such as writing, drawing, cutting and pasting will be included, while interactive gross motor games such as obstacle courses, bear crawling, dancing and balancing will keep children engaged while helping them achieve desired outcomes.

**There is a fee for this service. Please contact us for a quote.**

*Fees for Autism Queensland groups are charged under the Capacity Building – Improved Daily Living section of your NDIS Plan. If you do not have funding in this specific Support Category, please discuss with your NDIS Local Area Coordinator or phone the NDIS on 1800 800 110.*

**For more information:**

**p.** 07 3273 0000

**e.** [css@autismqld.com.au](mailto:css@autismqld.com.au)

<https://autismqld.com.au/happy-hands>

**Autism Queensland Sunnybank**  
437 Hellowell Rd,  
Sunnybank Hills QLD 4109  
[www.autismqld.com.au](http://www.autismqld.com.au)



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