

CRISIS SUPPORT SERVICE INFORMATION



The following services provide support and education for people in crisis and their families and carers.

In an emergency phone 000.

Adults, Children and Young People 24/7 Crisis Lines

- Mental Health Access Line 1300 MH CALL - 1300 642 255
- Lifeline 13 11 14
- Suicide Call Back Service 1300 659 467
- Beyond Blue 1300 224 636
- MensLine Australia 1300 789 978
- Kids Helpline 1800 551 800
- 1800 Respect 1800 737 732
- Queensland Health 13 HEALTH (13 432 584)

Children and Young People

- Headspace 1800 650 890
- Youth Beyond Blue 1300 224 636
- QLD Health Children's Mental Health Support 07 3068 2555

Online/Phone Support

- SANE Australia 1800 187 263
- Suicide Callback Service Online Chat
- Beyond Blue - Web Chat
- eHeadspace Support | headspace
- eGrow - Grow - online mental health support groups
- Griefline 1300 845 745
- Blueknot Trauma Support Disability helpline: 1800 421 468

Alcohol and Drugs

- Alcohol and Drug Information Service 1800 177 833
- Counselling Online (drug and alcohol) 1800 888 236
- Quitline 13 78 48

Carers Support

- Carer Gateway Counselling 1800 422 737 - Select Option 2

Domestic Violence

- QLD Police - Domestic Violence 000
- 1800 Respect 1800 737 732
- MensLine Australia 1300 789 978
- DV Connect Women's Line 1800 811 811
- DV Connect Men's Line 1800 600 636
- Elder Abuse and Neglect Helpline 1300 651 192

Eating Disorders

- Butterfly Foundation (eating disorders) 1800 334 673
- The Eating Issues Centre (eating disorders) 07 3844 6055

LGBTIQAP+

- QLife (LGBTI) 1800 184 527
- REACHOUT
- QLD Police LGBTI Liaison Program

Perinatal Support

- PANDA (perinatal anxiety and depression) 1300 726 306

Sexual Assault

- DV Connect Sexual Assault Helpline 1800 010 120
- Reporting a sexual assault - Queensland Police Service 000
- Bravehearts 1800 272 831

Veterans Support

- Veterans Support Service 1800 011 046