

# Adolescent and Adult Mental Health Practitioner – Occupational Therapist

<b>Team</b>	ESTS – SEQ – Mental Health
<b>Location</b>	Sunnybank Hills & Brighton
<b>Manager</b>	Manager Mental Health Services

## Purpose

The purpose of this position is to provide high quality evidence-informed mental health assessment and therapeutic supports for adolescents and adults on the autism spectrum, who are seeking support for co-occurring mental health conditions, in collaboration with a multi-professional team, to enhance the participation and quality of life of people on the autism spectrum, their families and carers.

## Responsibilities

- Implement a range of evidence-based mental health supports that are responsive to individual client needs and inform development of creative, person-centred solutions utilising a variety of models of support which may include individual therapy, group programs, assessments (including diagnostic and functional behaviour assessment), training and coaching, individual advocacy, case management, the provision of information and referrals, and positive behaviour support plans across AQ sites, home and education settings. Support may be delivered through multiple streams of funding including Medicare, NDIS and fee-for-service.
- Work within collaborative team models, to plan and deliver quality mental health supports, addressing the individualised support needs of adolescents and adults on the spectrum and their families and caregivers
- Conduct assessments including developmental history to inform mental health diagnoses, and to contribute to multidisciplinary functional and diagnostic assessments and reports
- Assess, manage and monitor clinical risk, in collaboration with the team, including providing assistance with screening of new referrals, intake assessments, and triaging
- Establish and maintain effective collaborative relationships with relevant stakeholders to ensure their participation in goal setting, planning, decision making and reporting
- Prepare and maintain assessment, observation, meeting, service data, reports, progress records and other relevant documentation as required to an excellent standard
- Provide consultative support through face-to-face meetings, telephone consultation, and web conferencing and training and information in the area of autism and mental health for educators, parents, other professionals and support staff

## Key Performance Indicators

- Demonstrated understanding of and commitment to Autism Queensland service delivery model

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- Establishment and maintenance of professional communications and positive working relationships with internal and external stakeholders
  - Demonstration of evidence-informed practice across all aspects of service delivery
  - Work effectively as part of a multi-professional team to provide high quality supports for adolescents and adults on the spectrum, their families and carers
  - Evidence of appropriate information/data collection, completion of reports and other documentation as required
  - Contribute to ongoing development of high-quality mental health services for adolescents and adults on the spectrum, their families and carers in collaboration with Service Managers and Professional Lead
  - Attendance at and participation in all required meetings
  - Demonstration of ongoing professional development and discipline-specific networking
  - Billing of minimum five hours per full-time workday to direct client service provision, averaged over a period of 2-4 weeks
  - Compliance with Autism Queensland Quality Assurance (AQQA) including Workplace Health & Safety policies and procedures

## **Requirements**

- Relevant training and registration as an Occupational Therapist
- Demonstrated understanding of autism, behaviour and learning in conjunction with contemporary methodologies in the provision of supports for adolescents and adults on the autism spectrum or other developmental challenges
- Demonstrated ability to form warm, trusting, accepting therapeutic alliances with a range of clients including those with complex needs
- Resourcefulness, creativity, flexibility and out-of-the-box thinking in the assessment, formulation and delivery of support to clients with a range of support needs including anxiety, depression, OCD, eating disorders, personality disorders, suicidal ideation, self-harm and trauma
- Proven competence delivering evidence-based, individual and group, mental health supports (e.g. CBT, ACT, DBT) with positive client outcomes
- Knowledge and implementation of psychometric, diagnostic and educational assessment practice and procedures
- Demonstrated understanding and experience in the design and implementation of person-centred approaches that are responsive to the individual needs of adolescents, adults, their families, and other relevant stakeholders
- Demonstrated ability to work both autonomously, and collaboratively, within a multi-professional team, establishing effective internal and external relationships, to meet identified client needs
- Case management skills with demonstrated experience in establishing effective relationships, conducting assessments, developing intervention plans and working together with clients, families and practitioners to provide support and meet identified needs
- Excellent written and oral communication skills, including capacity to communicate effectively with parents, professionals and other stakeholders
- Commitment to reflective practice, ongoing learning and professional development

## ***Highly Regarded***

- Understanding of complex trauma, its impacts, and trauma-informed care

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- Training and experience in administration of the Autism Diagnostic Observation Schedule (ADOS) and Autism Diagnostic Test (ADI-R)
  - A thorough understanding of PBSP principles with experience completing Functional Behaviour Assessments and writing Positive Behaviour Support Plans
  - Board Certified Behaviour Analyst (BCBA) qualification or studying to become a BCBA
  - Appropriate qualifications and experience providing supervision for less experienced practitioners
  - Knowledge and networks within local area

### **Special Requirements**

- NDIS Worker Screening Clearance (paid workers)
- Current registration or eligibility for registration with the Australian Health Practitioner's Regulation Agency (AHPRA)
- Evidence of current COVID-19 Vaccination
- Current open driver's license
- Travel to other Autism Queensland sites will be required
- May be required to use own vehicle for work purposes when a pool vehicle is not available
- Current, recognized Provide First Aid including Provide CPR qualification
- Certificate of Completion in NDIS Worker Orientation Module "Quality Safety and You"

**Position Description Reviewed: February 2022**