



autism queensland

HAPPY HANDS

This is a six-week group for young children on the autism spectrum (aged 6-9) that aims to help develop handwriting and other fine motor skills.

Handwriting can often be a challenge for young children on the spectrum. This interactive group aims to create positive attitudes around handwriting while strengthening the fine and gross motor skills of your child.

Occupational therapists leading the sessions will use a play-based approach to help children in the group develop skills to support the development of handwriting including:

PENCIL GRASP

DRAWING

COLOURING

CREATING ARTWORK

SITTING UPRIGHT

MAINTAIN ATTENTION

FORM SHAPES & LETTERS

All activities that would be expected at school such as writing, drawing, cutting and pasting will be included. Interactive gross motor games such as obstacle courses, bear crawling, dancing and balancing will keep children engaged while helping them achieve desired outcomes.

**There is a fee for this group
Please contact us for a quote.**

*Fees for Autism Queensland group programs are charged under the Capacity Building – Improved Daily Living section of your NDIS Plan. If you do not have funding in this specific Support Category, please discuss with your NDIS Local Area Coordinator or phone the NDIS on 1800 800 110.)

**For more information about enrolling your child, fees,
NDIS funding or other services:**

E. css@autismqld.com.au

P. 07 3273 0000



Happy Hands is delivered at:

AQ Brighton, AQ Sunnybank Hills,
AQ Gladstone & AQ Rockhampton

autismqld.com.au