

autismqld.com.au

# Individual Therapy & Assessments

Available face-to-face or via telepractice.

Autism Queensland's team of professionals have expertise in therapy and support services for young children, adolescents, and adults on the autism spectrum.

# The following services are available at AQ and through telepractice:

- Speech & Language Pathology
- Occupational Therapy
- Psychology.

# **Speech & Language Pathology**

Speech pathologists play a key role in helping individuals who have difficulties with communication. They can also assist those people who have difficulty with mealtimes, including sensitivities to foods and drinks, or safely swallowing food and drink.

### **Occupational Therapy**

Occupational therapy facilitates the development, improvement or maintenance of skills. Occupational therapists provide alternative ways of performing a task; or modifies the environment to enable an individual to participate in their everyday life activities.

#### **Psychology**

Psychologists can support individuals on the autism spectrum and their families in many ways including helping to manage emotions, relationships, attachment, social skills, behaviours of concern and mental health disorders. Our psychologists can also conduct psychometric assessments.

# We provide assessment & intervention in areas including:

- Communication
- Behaviour support
- Sensory processing
- Motor & play skills
- Mealtime challenges
- Anxiety
- Toileting
- Social and friendship skills
- Daily living skills.

# **Service Rates & Travel Expenses:**

- Speech & Language Pathology: \$193.99\* per hour
- Occupational Therapy: \$193.99\* per hour
- Psychology: \$214.41\* per hour
- \* Plus travel expenses (if applicable) and additional 15 minutes of non face-to-face time per hour session.
- \* Additional charges apply for preparation of reports, individualised resources and additional staff where applicable.

Individual session at other locations including:

- Your home
- Early childhood settings
- Schools & Tertiary institutions
- Other community settings
- Telepractice.

NDIS funding (if applicable) can be utilised to cover costs. Private Health Insurance and Medicare may also be applicable.

# **Therapy Groups**

Autism Queensland also offer a range of groups for all ages. Please refer to our website or contact us for more information.

**Please note:** Some services may not be available in all locations and waitlists may be in place.

Our therapy & assessments team is available to answer and clarify any queries clients may have.

# For more information:

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