



Autism  
Gold Coast Inc.

## April Newsletter 2023

Coordinators:

Marie Bucholz

Helen Steinhardt

Autism Gold Coast: 0480 275 582

[Please leave a message if phone is unattended.]

Email: [admin@autismgoldcoast.com.au](mailto:admin@autismgoldcoast.com.au)

Information, Support, Networks, Library

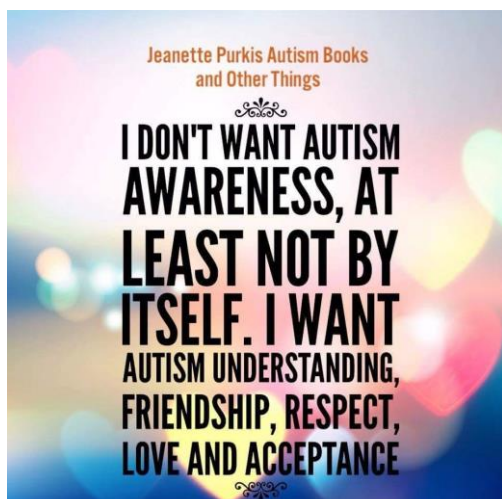
## Welcome to our April 2023 newsletter and autism acceptance month!



Over the years there has been recognition of Autism Month in April and World Autism Day on April 2. Awareness and Understanding have been celebrated and now it is Acceptance that is sought. The symbols have changed over time to move away from negative images and certain organisations in the world. The autistic community now relates more to neurodiversity.

*"The neurodiversity movement advocates the idea that our brains are different and that everyone (whether neurotypical or neurodivergent) should be treated equally by individuals, the workplace and external environments. The self-identifying label of "neurodivergent" originally focused on those who are autistic. However, in more recent years it has been used to describe those who think, behave, and learn differently to what is typical in society. Being neurodivergent should not be considered an inherent deficit but simply a difference in processing the world around us."*

<https://uofgqrblog.com/pgblog/2021/3/24/neurodiversity>



## [Support Group Meetings](#)

Come and join Helen and Marie for a cuppa and a chat. They are a wealth of information and it's a fantastic opportunity to meet other parents, family members, carers and people who are on the spectrum. Discover autism friendly experiences in the community, discuss schools, employment, the NDIS, use the library or just feel free to take it all in and realise you're not alone on the journey.

Our next **morning** Coffee'n'Chat meeting is scheduled for Wednesday May 3, 2023 from 10 am – 12 noon and the next **evening** Coffee'n'chat is coming up on May 17, 2023 from 7 pm – 9 pm. Any updates or cancellations will be posted on the Facebook page: [www.facebook.com/AutismGoldCoast](https://www.facebook.com/AutismGoldCoast). Remember, to keep our volunteers and patrons safe and well, if you're not feeling well, have cold or flu symptoms or if you are considered a close contact, please stay home.

If you have any questions or require information, please call on: 0480 275 582.

Our meeting dates for the remainder of the year are listed on the next page.



### [Support Group Meeting Dates...](#)

Venue: Autism Gold Coast cottage in Cascade Gardens parklands, Broadbeach

[Download Map here.](#)

#### [Morning Coffee'n'Chat meetings:](#)

**10am-12 noon** *First Wednesday of the month, except in school holidays. Gold coin donation and bring a plate to share. Facilitated by Marie. For further info call us on 0480 275 582. (Please leave a message if phone is unattended.) Next dates:*

3 May	7 June	No July meeting	2 August	6 September
4 October	1 November	6 December		

#### [Evening Coffee'n'Chat meetings:](#)

**7-9pm** *Third Wednesday of the month, except in school holidays. Gold coin donation and bring a plate to share. Facilitated by Helen. For further info contact 0480 275582. (Please leave a message if phone is unattended.) Next dates:*

17 May	21 June	19 July	16 August	No Sept meeting
18 October	15 November	No December meeting		

**Disclaimer:** Many of the activities, events and promotions listed in this newsletter are not Autism Gold Coast events and are not sponsored by Autism Gold Coast. Information is being promoted here simply to bring it to your attention. You should make your own assessment as to whether these activities and events would be suitable for you or your charge/s.

## [Annual Membership of Autism Gold Coast](#)

If you are receiving a complimentary copy of this newsletter, are new to the Gold Coast, or know of a family who has received a diagnosis, we welcome new members to our support network. Special offers become available throughout the year and these are offered to members. Annual membership is from January to December and is as little as \$15.00.

**Become a member »**

<< Click on this link and complete the membership information before progressing through to online payment by PayPal using your credit card. We look forward to your support through membership. Please complete and return it as soon as possible so that you don't miss out on special offers and events throughout the rest of 2023.

### **Membership of Autism Gold Coast enables:**

- Sharing of information relating to Autism from our network contacts
- Quarterly Newsletters including useful articles, websites and contact information
- Resource Library (books, magazines and DVD's) available on loan to members only
- Learning opportunities for specialist presentations and workshops at members' prices
- Special offers such as Mums' Lunch, Dads' Day Out, charity tickets to community events (eg Movie Festival, Circus Quirkus, Fleays)
- Collaborate on and create opportunities with other like-minded people
- Involvement in a community as a means of social responsibility to enable it to grow and succeed
- Sense of achievement through community participation.

### Autism Gold Coast Management Committee:

Helen Steinhardt, Shannon Morrison, Andrea Wenborn, Irma Williams, with the support of Coordinator, Marie Bucholz, and our dedicated committee volunteers. We are all volunteers and live a life connected to Autism.



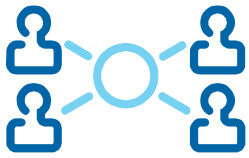
### **Autism Gold Coast**

**has set up a**

**private Facebook group for  
local ADULTS on the spectrum  
to connect with others on the  
same journey.**

If this is you, or you know someone who might be interested, go to the Groups tab on [Autism Gold Coast Facebook page](#) or <https://www.facebook.com/groups/gcasdadultssocialgroup> and make a request to join.

## Connecting the ASD community...



Are you a **FACEBOOK** person?

**Autism Gold Coast is now on Facebook!**



***Come on over and check us out!***

Have you found these groups which have ties to the Gold Coast?

[Gold Coast ASD Families Chat Group](#) (Private group)

[Gold Coast ASD & SPD support for Families](#) (Private group)

[Autism Families Gold Coast](#) (Private group)

#ndisready

Check out: [NDIS Discussion Group for Logan and Gold Coast](#)



## Circus Stars ASD - 2023

Circus Stars classes for children and youth with ASD

**Circus Stars** is driven towards providing an inclusive, creative and supportive training environment, where children and young people can find their own little place. Circus as an art-form and physical activity allows children to be creative and build confidence.

The Circus Stars classes are based around 5 key elements of why circus works for children: to have fun, to take safe risks, to build trust and work as a team, to encourage individuality, and to work hard on our skills. Circus Stars aims to provide a flexible learning environment, where children can participate in various skills at their own pace and skill level, this allows them to develop as individuals, while still belonging to the group. To find out more visit [www.circusstarsasd.com](http://www.circusstarsasd.com) and [Facebook](#).

**VENUE:** [Labrador Community Hub: 57 Billington Street Labrador](#)

For more information on their programs, contact Kristy Seymour, Circus Stars Founder/Head Trainer

[circusstarsasd@gmail.com](mailto:circusstarsasd@gmail.com) 0433 816 333 [www.circusstarsasd.com](http://www.circusstarsasd.com) [www.facebook.com/circusstars.autismcircus](https://www.facebook.com/circusstars.autismcircus)

What you do makes a difference, and you have to decide what kind of difference you want to make.

- Jane Goodall -

Autism is just one word, trying to describe millions of different stories

@STORIESABOUTAUTISM

—Stories—  
**ABOUT  
AUTISM**

ACCESS



positive partnerships

Working together to support school-aged students on the autism spectrum

training here:

<https://www.positivepartnerships.com.au/workshops-online-learning/online-learning>

## WORLD AUTISM ACCEPTANCE MONTH

NEW POSITIVE PARTNERSHIPS RESOURCES

WHAT IS AUTISM? - ANIMATION  
AND TRANSLATED INFORMATION SHEETS



### NEW Animation:

# WHAT IS AUTISM?

[https://vimeo.com/813438407?embedded=true&source=vimeo\\_logo&owner=97184779](https://vimeo.com/813438407?embedded=true&source=vimeo_logo&owner=97184779)

### Translated information sheets:

<https://www.positivepartnerships.com.au/resources/in-other-languages>

At Positive Partnerships, we work in partnership with families, educators and communities to strengthen positive outcomes for young people on the autism spectrum. We create connections and opportunities for an inclusive culture where autistic students belong and thrive. **We have resources available in 22 languages.**

These resources have been developed with culturally and linguistically diverse communities to support their school-aged children on the autism spectrum.

These translated resources can assist conversations between family members and professionals working with and supporting autistic children.



## FREE CHINESE COMMUNITY AUTISM WORKSHOP



Positive Partnerships joins the Multicultural Communities Council Gold Coast (MCCGC) and Australian Chinese Women's Federation to hold this workshop where you will have the valuable opportunity to listen, share and learn with other parents and carers from the Chinese community who support school aged children on the autism spectrum.

At this workshop, you will learn about:

- Understanding autism and your child
- Strategies and tools to support learning

This workshop will be facilitated in Mandarin and English with Mandarin interpretation.

A free morning tea and lunch will be provided for participants.

**Location:**

Southport Community Centre  
6 Lawson St, Southport QLD  
4215

**Date and Time:**

Friday 26 May 2023  
9.45 am - 2.00 pm



To register, click here

To register for the Chinese community workshops, click the links above or scan the QR codes. For more information, contact:

Patricia Lee (Mandarin/Cantonese/English)

☎ 0481 912 213 ✉ [plee@positivepartnerships.com.au](mailto:plee@positivepartnerships.com.au)

Ping (Mandarin/English)

☎ 0467 203 517 ✉ [ping.acwf@gmail.com](mailto:ping.acwf@gmail.com)

To register, click [HERE](#) More information: [plee@positivepartnerships.com.au](mailto:plee@positivepartnerships.com.au) or [ping.acwf@gmail.com](mailto:ping.acwf@gmail.com)

## 免费华人家庭自闭症工作坊



Positive Partnerships 与黄金海岸多元文化社区局 (MCCGC)及澳大利亚华裔妇女联合会合作举办一次工作坊邀请您参加。请把握这一次难得的机会，让你和其他华人父母和照顾者一起聆听、分享、和学习支援自闭症学龄孩子。

这工作坊让你学习：

- 明白自闭症与你的孩子
- 帮助孩子学习的策略和工具

这工作坊会以普通话，及英语辅以普通话翻译进行。

参加者可享用免费早点和午餐。

**地点：**

Southport Community Centre  
6 Lawson St, Southport QLD  
4215

**日期和时间：**

2023年 5月26日  
上午9.45 - 下午2.00



**登记请按此**



登记参加华人家庭工作坊，请按上面连结，或扫描二维码。查询请联络：

李小姐 (普通话/广东话/英语)

☎ 0481 912 213

✉ [plee@positivepartnerships.com.au](mailto:plee@positivepartnerships.com.au)

Ping (普通话/英语)

☎ 0467 203 517

✉ [ping.acwf@gmail.com](mailto:ping.acwf@gmail.com)

To register, click [HERE](#) More information: [plee@positivepartnerships.com.au](mailto:plee@positivepartnerships.com.au) or [ping.acwf@gmail.com](mailto:ping.acwf@gmail.com)



## WELCOME TO OUR NEW PLAY THERAPY, TEEN COUNSELLING AND FAMILY SERVICE

### RAINBOW CONNECTIONS THERAPY

We are located Robina and we are an ND affirming service and offer Play Therapy, Teen creative Counselling and Parenting Support and advocacy.

Play Therapy is for children with Autism, ADHD, grief and loss, trauma, school refusal, anxiety and much more. Play Therapy supports the following in children-

- Supports routines and ability to cope with transitions.
  - Increases resilience and ability to manage change.
  - Promotes language and communication development.
  - Increases self-regulation and ability to integrate skills for self-regulation.
- ❖ Please contact [Kirsten@rainbowconnectionstherapy.com.au](mailto:Kirsten@rainbowconnectionstherapy.com.au), or phone 0419 326 645 for a free 15 minute consultation on your child's specific needs.
- ❖ Like our Facebook page- Rainbow Connections Therapy for updates and see the website for more information [www.rainbowconnectionstherapy.com.au](http://www.rainbowconnectionstherapy.com.au)
- ❖ Mobile services may be available for NDIS participants (Conditions apply).



**Rainbow Connections Therapy**  
Play Therapy, Counselling & Family Support

- Play Therapy
- Teen Counselling
- Parent Support and Counselling



**In Play Therapy,  
Children Learn ...**

- to respect themselves.
- that their feelings are acceptable.
- to express their feelings responsibly.
- to assume responsibility for themselves.
- to be creative and resourceful in confronting problems.
- self-control and self-direction.
- to accept themselves.
- to make choices and to be responsible for their own choices.

LANDRETH, G. (2017). PLAY THERAPY: THE ART OF THE RELATIONSHIP.

**Rainbow Connections Therapy**

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[www.rainbowconnectionstherapy.com.au](http://www.rainbowconnectionstherapy.com.au)

Ph 0419 326 645

Rainbow Connections Therapy  
Suite 113, Lakehouse Suites, 34 Glenferrie Drive, Robina  
[www.rainbowconnectionstherapy.com.au](http://www.rainbowconnectionstherapy.com.au)





# Hinterland

CHILDREN'S THERAPY



**Immediate  
Availability**

admin@  
hinterlandchildrenstherapy.com.au  
0412 876 198  
www.hinterlandchildrenstherapy.com.au

240 Stewart Road, Clagiraba QLD  
4211

Hinterland Children's  
Therapy are a dedicated  
team of paediatric  
specialists offering services  
in

- **Occupational Therapy**
- **Speech Therapy**
- **Counselling**
- **Play Therapy**

### **What our clinic offers.....**

Animal and nature Assisted Therapy  
(optional)

Small, personalised clinic

Access to outdoor areas for therapy  
sessions

Dedicated team to helping children thrive  
and be happy in their everyday life

Supporting parents

Visits to school and childcare available

Helping families to form connections within  
the community



A social group for young adults on the Autism Spectrum aged 18 to 25 years.

## Social Group

A free brief 5-week social group that will focus on communication and relationship building through an active approach.

If you are interested in  
registering your interest,  
please contact:

E: [psych\\_clinic@bond.edu.au](mailto:psych_clinic@bond.edu.au)

Ph: (07) 5595 2527

Will be in  
person starting  
in June 2023





## Minister for the NDIS Bill Shorten's National Press Club address

### Minister for the NDIS Bill Shorten's National Press Club address

On Tuesday 18 April the Hon. Bill Shorten MP addressed the National Press Club in Canberra on the future of the NDIS.

Andrew Tillett, the political correspondent for the Australian Financial Review, introduced Minister Shorten who reminded all Australians the Scheme is here to stay.

The Minister gave ode to the 'many great Australians' from the 'mighty disability movement' who have campaigned for decades, including the Agency's chairman Kurt Fearnley.

Minister Shorten outlined the steps he plans to take to ensure the Scheme's financial footing for the hundreds of thousands of Australians relying on the services.

"If you are an Australian living with a disability, a family member of a person with disability, or a carer, I want to say something to you right now: the National Disability Insurance Scheme is here to stay", Mr Shorten said.

"It is not going away. But, and this is important, we do need to get it back on track".

You can watch his full address on ABC's YouTube channel by clicking on this link:

<https://www.youtube.com/watch?v=sVORcCgBYSw>



# THE LAB GOLD COAST 2023



**Venue:** Autism Gold Coast cottage, Cascade Gardens, 2730 Gold Coast Highway, Broadbeach.

**Session times:** Saturdays during school terms 9.00am – 11.00am 11.15am – 1.15pm 2.00pm – 4.00pm

**Cost:** \$25/session for non-NDIS funded child or \$30/session for NDIS funded child.

## What is the Lab?

The Lab is a technology club for young people with Asperger's Syndrome or high functioning autism who like working with computers.

We offer expert mentoring in programming, 3D, digital design and gaming – as well as the chance to meet others with similar interests. Many young people living with autism have great skills, though may find it hard to build lasting professional or personal relationships.

The Lab provides an opportunity for young people to explore their technology interests and develop their social skills in a safe and supportive environment.



## How The Lab operates

The Lab offers one-to-one support by mentors with technology skills in areas such as programming, 3D, digital design and gaming as well as the chance to meet others with similar interests. The Lab provides an opportunity for young people to explore their technology interest and develop their social skills in a safe and supportive environment.

The mentors must have an intuitive understanding of individuals who are on the Autism Spectrum. The mentors must also be capable of developing strong and purposeful mentoring relationships with participants, and the ability to encourage social interaction between the participants.

The Lab is a club and not a classroom. A common interest in IT drives the direction and type of activities; participants may choose to learn IT programs or platforms, or just mix with others who share similar interests. At The Lab, there is no expectation of specific learning outcomes or guarantees of participants' engagement. The Lab may not suit everyone - the best measurement of engagement is whether your child is keen to continue. We have found that much informal learning occurs within platforms such as computer games – but this is not always obvious to others.

The Lab Gold Coast commenced in January 2015. There are three Lab sessions held each week, on a Saturday, during school terms at Autism Gold Coast, Cascade Gardens Broadbeach.

The Lab provides several two-hour sessions each week during school terms.

If you have a child, or know of someone who is interested in joining The Lab Gold Coast – even for next year, please fill out the online application form - <https://register.thelab.org.au/>. There is currently a waiting list.

At the Lab, we are committed to ensuring the safety of children in our care. We put this into practice via a range of policies and protocols, including screening of those working with children, training programs and complaints procedures. For more information on child protection please see <http://www.aihw.gov.au/child-protection/#report>

**For general information on The Lab,** refer to the website: [www.thelab.org.au](http://www.thelab.org.au)

**For local information – call June - 0432 249 552**



Nautilus Law Group is a Gold Coast based law firm providing legal services to a wide range of businesses and individuals both locally, nationally and internationally.

We offer solutions for families and businesses in relation to:

- Personal and Business Structuring;
- Wills, Powers of Attorney and Guardianship;
- Estate Administration;
- Elder and Disability Law;
- Estate Provision Claims; and
- Property and Strata.

Moving to Robina Offices in May 2023.



Website: [www.nautiluslaw.com.au](http://www.nautiluslaw.com.au)  
Phone: 07 5574 3560  
Fax: 07 5574 0130

Find us at: Suite 7, Level 3, 128 Bundall Road  
Bundall Queensland 4217  
Postal: PO Box 9354 GCMC QLD 9726



### Gold Coast Disability Advocacy Inc

Advising advocacy support for people with a disability up to age 65. Protection of their legal human rights and freedom from abuse, assault, neglect and exploitation. They are located at SHOP 6, 18 Ferry Street, Nerang QLD 4211

5564 0355 | [www.gca.org.au](http://www.gca.org.au) | <https://www.facebook.com/GCDA-Gold-Coast-Disability-Advocacy-207079639349440>



**Disability Law Queensland** is a non-profit law firm that assists people with disability and their families to plan for the future, assert their rights and access justice.

Their services include providing advice and representation in relation to: wills and trusts, guardianship and administration, discrimination and human rights, the NDIS and child protection. Follow the link for further information: <https://www.dlq.org.au/services/> **Disability Law Queensland** and on Facebook.



*Are you a parent of an autistic child (age: 6-13 years)?*

*We are seeking parents of autistic children who can commit to attending and participating in a four-week mindful parenting group to evaluate outcomes and feasibility of the*

*Two Hearts Mindful Parenting Program.*

Participation will involve:

1. Participating in a small group, face-to-face, mindfulness-based intervention at Autism Gold Coast – Cascade Gardens, Broadbeach. Groups will be run weekly for four weeks, for about 2 hours per session.
2. Completing an online questionnaire package.

Follow the link or scan the QR code for more information and to get involved:  
QR code:



Link: <https://www151.griffith.edu.au/redcap/surveys/?s=RRKR7LRYJNFCRF4R>

This project has been approved by Griffith University Human Research Ethics Committee (GU ref no: 2023/154).

If you have any questions regarding the project, or require more information regarding what participation involves, please contact Vedanta Suvarna  
(E: [vedanta.suvarna@griffithuni.edu.au](mailto:vedanta.suvarna@griffithuni.edu.au)).

**RESEARCH TEAM**

Ms Vedanta Suvarna, Dr Jessica Paynter,  
Prof Lara Farrell, Prof Dawn Adams,  
& Dr Lisa-Marie Emerson.

**Further information:**

Click on: **Expression of Interest** - <https://www151.griffith.edu.au/redcap/surveys/?s=RRKR7LRYJNFCRF4R>

Click on: [\*\*Information Sheet Regarding Intervention for the Participants\*\*](#)



## How can we make therapy better for autistic people ?

We are seeking **autistic adults** who have seen a psychologist for therapy to complete a 20-minute online survey to share their thoughts on whether proposed adaptations to psychological therapy would be helpful. We are also interested in your therapy experiences.

Participants can enter a prize draw for one of two  
\$50 WISH Vouchers.

Follow the link or scan the QR code to get involved

<https://redcap.link/18cvcohz>



For more information, please contact:

Dr Jessica Paynter or Dr Kristyn Sommer

[j.paynter@griffith.edu.au](mailto:j.paynter@griffith.edu.au); [k.sommer@griffith.edu.au](mailto:k.sommer@griffith.edu.au)

This project has ethical approval from Griffith University Ethics Committee  
(approval number 2023/183).

For more information, please contact:

Dr Jessica Paynter, [j.paynter@griffith.edu.au](mailto:j.paynter@griffith.edu.au) or Dr Kristyn Sommer, [k.sommer@griffith.edu.au](mailto:k.sommer@griffith.edu.au)

Play Matters holds 2 playgroups on the Gold Coast that cater for diverse and additional needs children:

**Jacobs Well Playgroup**

<https://playmatters.org.au/playgroups/1677445957>

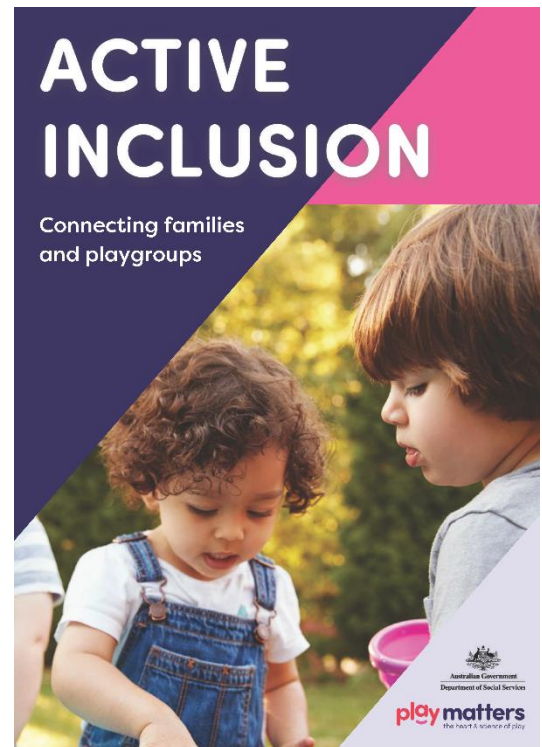
**Citycare Playgroup Gold Coast**

<https://playmatters.org.au/playgroups/1959210576>

If you're interested in regular playgroups please visit:

[playmatters.org.au](https://playmatters.org.au)

[activeinclusion@playmatters.org.au](mailto:activeinclusion@playmatters.org.au)



**We support all families to  
enjoy playgroup, by:**

**Providing families with children aged 0-6  
with additional needs, including:**

- Autism Spectrum Disorder
- Speech and language delay
- Developmental delay

**with helpful information and resources  
to build the confidence to attend a playgroup**

**then we find their local playgroup**

**and support the group to understand how they can  
include EVERY family  
at playgroup**

**Referrals can be made to:**

**[activeinclusion@playmatters.org.au](mailto:activeinclusion@playmatters.org.au)**

**This initiative is provided at no cost to families.**



## ARE YOU THE PARENT OF A SCHOOL-AGED AUTISTIC CHILD?

We are seeking **parents/caregivers**, **autistic adolescents** (aged 11-18 years) and their **siblings** (11+) to complete a 30-minute survey on the educational strengths, needs and supports for autistic students. There will be the option to do a follow-up interview or an interview instead of a survey

Follow the link or scan the QR code to get involved

<https://redcap.link/8t9e6mjh>



**For more information, please contact:**

**Dr Jessica Paynter or Professor Beth Saggars**

[j.paynter@griffith.edu.au](mailto:j.paynter@griffith.edu.au) or [b.saggars@qut.edu.au](mailto:b.saggars@qut.edu.au)

### RESEARCH TEAM

Dr Jessica Paynter, A/Prof Dawn Adams,  
Dr Stephanie Malone, & A/Prof Marleen Westerveld

Prof Beth Saggars, Prof Suzanne Carrington, & Dr Sofia Mavropoulou

Griffith University Ethics Reference 2022/806  
QUT University Ethics Reference: 6480

For more information, please contact:

Dr Jessica Paynter, [j.paynter@griffith.edu.au](mailto:j.paynter@griffith.edu.au) or Prof Beth Saggars, [b.saggars@qut.edu.au](mailto:b.saggars@qut.edu.au)





# Want \$500 to help you with school costs?



Saver Plus is a financial education program for families and individuals on a tight budget to develop life-long savings habits.

To join Saver Plus, you must:

- ✓ Have a current Health Care or Pensioner Concession Card AND an eligible Centrelink payment\*
- ✓ Be studying yourself OR have a child in school (can be starting school next year)
- ✓ Have regular income from work (either yourself or your partner)\*
- ✓ Be 18+ years old

\*Many types of income and Centrelink payments are eligible

Here are some of the school costs the \$500 can be used for:



For more information, please contact your local Saver Plus coordinator:



Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ and delivered in partnership with local community organisations. The program is funded by ANZ and the Australian Government Department of Social Services.

DELIVERED BY



everyone's family

Find out more  
at [saverplus.org.au](https://www.saverplus.org.au)

**Want to know more about Saver Plus?** Check out the website <https://www.bsl.org.au/services/saving-and-managing-money/saver-plus/> or give Jasmin Dorrington a call on 0417 485 477 or Zoom in one of their short 15 min presentations on how Saver Plus works & who is eligible to join.

## Registration required:

- Every Monday free Money info session – easy to remember 2pm QLD/3pm NSW
- First Wednesday of the month 10:30am
- Last Friday in the month noon
- 15th of every month evening 7pm QLD/8pm NSW



## AQ GOLD COAST

### Now Open

Autism Queensland has opened the doors to its first dedicated Gold Coast centre in premises co-located at Kool Beanz SUNS Carrara.

Our specialist therapy and teaching team deliver individual and group (excluding Kindi) therapy services for autistic children up to 12 years of age living in and around the Gold Coast area.

All families living in the Gold Coast region who are interested in learning more about the new service and how our team can provide support for your child and family, are encouraged to make contact as soon as possible.

Available now: Occupational Therapy and Inclusion Supports.

Services planned in the next 6 months include: Small groups – holiday groups and term time groups, Speech Pathology – either with a locally based speech pathologist or via a consultancy model (utilising Brisbane based speech pathologists to provide support as part of the team around the child) and Positive Behaviour Support.

New or returning clients are welcome to contact Client and Customer Services to discuss their current support needs and what supports are available – **this can be via our website, main AQ phone number (07 3273 0000) or email [css@autismqld.com.au](mailto:css@autismqld.com.au).**

*Also have a look at the flyer below, plus, Autism Gold Coast has contact information brochures at their cottage for the Therapy Services Team.*



## INCLUSION & TRANSITION SUPPORTS FOR YOUR CHILD

CHILDCARE, PREP  
& KINDERGARTEN

AQ therapists and educators work with childcare centres, kindergartens, and schools to create inclusive environments where your child can successfully participate alongside their peers.

EarlyAQtion Inclusion & Transition Supports are co-designed with you and your child's early education setting or school and can be accessed short or long term, depending on your child's needs. This service is also available as an extension to current services, or in combination with existing supports.

- We work with you to develop personalised goals for your child.
- We support you to build effective relationships with staff.
- We utilise evidence-informed practices to support your child.
- We coordinate and collaborate for planning and meetings.
- We support your child alongside their peers.
- We support emotional, social and learning development for children.
- We assist to develop strategies that include children at a whole class level.
- We can provide supports at current and future settings.

Available at all  
early education  
settings & schools  
in Queensland.

EarlyAQtion Inclusion & Transition Supports offer:

- ✓ A strengths-based approach.
- ✓ Collaborative planning.
- ✓ Inclusive strategies.
- ✓ Coaching and mentoring.
- ✓ Training.
- ✓ Resource development.



Call us:  
07 3273 0000



Email us:  
css@autismqld.com.au



Learn more/enquire:  
autismqld.com.au

Please note that fees apply for this service. This service is charged under the Capacity Building - Improved Daily Living section of your NDIS Plan. If you do not have funding in this specific Support Category, please discuss with your NDIS EC Partner or phone the NDIS on 1800 800 110.

AQ staff do not replace existing early education or school staff and do not carry playground duties. Permission must be obtained from your child's education setting to commence this service.





# InsideOutside Dance

## Now in Coomera

My name is Emma and I am part of the **InsideOutside Dance** family, a dance school for people with **disabilities**. The dance school is owned by **Madeline Stuart** an international model with Down syndrome and ASD; you may have heard of her.

We are NDIS registered and are finally starting our classes at **COOMERA**, on the Gold Coast, **EVERY TUESDAY**, commencing 14 March.

Come along for a **FREE TRIAL** to experience the joy of dance and movement with us!

Facebook <https://www.facebook.com/InsideOutsideDance/>



**INSIDEOUTSIDEDANCE**  
**ALL ABILITIES**

InsideOutside Dance is the leading NDIS registered dance school for kids, teens and adults with disabilities offering multiple classes a week in numerous locations across South-East Queensland. It gives people with disabilities the opportunity to develop new skills and performance techniques in dance in a safe nurturing environment. Our dance styles include Contemporary, Hip Hop, Jazz, Drama and Drumming.

Our Kids classes are aimed at children aged 6-12 years focussing on beginner's dance and movement. We also offer teachers to come to your organisation and teach classes at your location at a time and schedule that suits you, or alternatively we can supply a location for your clients in a private class.

Our students work with motivational mentors and Brisbane's best teachers.

Our overall aim is to create a dance school where dancers with mixed abilities can have fun, get fit and make friends whilst they learn, create and perform. We hold performance showcases twice a year and our students also have the opportunity to perform at local events.

Our owner, model Madeline Stuart welcomes you to join her Dance Company.



**I ♥ ndis**

**JOIN US  
FOR A  
FREE  
TRIAL  
CLASS!**

  
Check out our timetable!

# headspace Tweed Heads



headspace  
Tweed Heads

Summer Newsletter 2023



## referring a young person



We offer free support to young people aged 12-25 in a variety of areas including mental health, alcohol and other drugs, physical and sexual health, and work and study. We accept referrals from Tweed Heads and surrounding areas, including the southern Gold Coast.

headspace Tweed Heads operates a "no wrong door" policy. This means that no young person will be turned away without being supported to access other services in or outside of headspace.

To make a referral, please see our school and service provider referral form attached. Alternatively, you can call our service to discuss a young person whom you think we might be able to help. We are always happy to chat!

headspace Tweed Heads is currently offering two LGBTIQSB+ social groups on a fortnightly basis. There is a group for young people aged 12-15, and another for young people aged 16-25. These groups provide an opportunity for young people to connect and have fun with other LGBTIQSB+ youth.

Please contact [communityengagement@headspace-tweed.org.au](mailto:communityengagement@headspace-tweed.org.au) or call us on 07 5589 8700 for more information.



groups

## supporting community



In addition to supporting young people at our centre, headspace Tweed Heads has a strong focus on engaging with our local communities. Some examples include facilitating workshops and presentations and supporting collaborative community events. To streamline this, headspace Tweed Heads has launched a new portal for schools, services, and agencies to request collaboration with headspace Tweed Heads, at no cost.

Workshops, presentations, attendance at events, stalls, co-designing projects, and more can be requested via our Events & Activities Request Portal. Simply follow the link or QR code below to access.



<https://form.jotform.com/headspaceTH/requests>



Carmarco Building, 145 Wharf St, Tweed Heads NSW 2485



07 5589 8700



<https://headspace.org.au/headspace-centres/tweed-heads>



@headspacetweed

headspace Tweed Heads is currently accepting applications to our Youth Advisory Group. This is a volunteer group for young people aged 12-25 who would like to become advocates and make a positive impact on the social and emotional wellbeing of others.

This group provides experience working in the mental health/community sector and allows young people to gain skills in project management, governance, digital and social media, public speaking, and more.

If you know a young person who would be suitable for this role, please encourage them to apply via the QR code, or via our website.



## volunteer opportunity: Youth Advisory Group

## Yarn Safe

headspace Tweed has a YarnSafe program able to provide support to young Aboriginal and Torres Strait Islander people aged 12-25.

We can provide both one-on-one and group support in the areas of alcohol and other drugs, respectful relationships, art, cultural needs, and more.

We are also able to offer Aboriginal Mental Health First Aid training, a two day course that can be delivered over a number of shorter sessions depending on your needs. Please call us to enquire.



headspace offers regular online chats led by clinicians, providing comprehensive information to young people, their families, friends, and supporters.

### Upcoming chats for parents/carers/friends:

12th Feb: supporting young people to stay safe and thrive online  
17th Feb: supporting young people with gender exploration  
16th March: looking through the eyes of a young person

Find more chats, resources, and other supports on the headspace website.



## online supports

## about headspace Tweed Heads

headspace Tweed Heads is operated by Social Futures. All headspace services are funded by the Australian Government Department of Health and Aged Care. Administration of funding is carried out by the headspace centre's local Primary Health Network, in this case, Healthy North Coast.

headspace Tweed Heads is located on the unceded lands of the Nganduwal and Coodjimbura people of the Minjungbul speaking clans within the Bundjalung nation. We pay our respects to all Aboriginal and Torres Strait Islander people including Elders, past, present and future.



Carmarco Building, 145 Wharf St, Tweed Heads NSW 2485



07 5589 8700



<https://headspace.org.au/headspace-centres/tweed-heads>



@headspacetweed





**School To Work**  
for Secondary Students  
with Disability



Face to face workshop



# Thinking About Work:

## *A customised approach for People with Disabilities*

**Tuesday 23rd May 9.30am - 4.30pm**  
**Brisbane Convention & Exhibition Centre**



## Thinking About Work: A customised approach for people with Disabilities

Community Resource Unit Ltd

**Tuesday 23<sup>rd</sup> May 2023 from 9.30am – 4.30pm (please arrive from 9AM to sign-in)**

### Cost:

\$50 per person with disability or the family members

\$150 workers, allies and friends

*"Customised employment ignites what was learned in Discovery - creating mutually beneficial work for business and employee." Milton Tyree*

### About the Workshop

Along with an income and security, having a job can bring a sense of purpose and belonging and the opportunity to make friends. With some creative thinking, meaningful work is possible for everyone. Jobs come in many different shapes and sizes – the important thing is to find the right match between you and your job, including your interests and strengths and your plans for the future.

In this full-day, face-to-face workshop, international guest speaker Milton Tyree will explore Customised Employment, an evidence-based approach to finding and creating meaningful employment for people with disabilities based on the work of Marc Gold & Associates

Topics will include:

- An Introduction to Customised Employment and Job Development
- Work Conditions, Interests and Contributions; planning for success
- An Introduction to the process of Discovery
- The Role of the Employment Supporter: Discerning When to Get involved and When to Step Aside
- Transitioning from school to work

### About the Presenter

**Milton Tyree** has professional and personal experience over decades of helping people with disabilities have strong work roles. He uses the principles of SRV (Social Role Valorisation) as a foundation for his work

Milton lives in Kentucky in the USA and works with Marc Gold & Associates, the pioneers of Customised Employment and has worked closely with many families over the years to support the exploration of meaningful work in open employment.

For more information about MG&A click on this link: <http://marcgold.com>



## Who Should Attend?

This event is for people with disability, their families and friends. We also welcome support workers, teachers and professionals who are interested in exploring how we can generate meaningful employment for people with disabilities.

## Event Details

### Date and Time

- Tuesday 23<sup>rd</sup> May 2023 from 9.30AM – 4.30PM (please arrive from 9AM to sign-in)

### Venue Details

Brisbane Convention and Exhibition Centre. Plaza level (use the Grey Street entrance), South Brisbane, QLD

### Cost

- \$50 per person with disability or their family members
- \$150 per person for workers, friends and allies

### Tickets

- Please register and book your tickets through the following link:

<https://events.humanitix.com/thinking-about-work-may23>

### RSVP

- Registrations close on Monday 15<sup>th</sup> May

### Cancellations

- CRU's cancellation policy is on our website. Please use the following link:

<http://cru.org.au/about/policies/#cancellation>

## About Community Resource Unit Ltd.

- CRU has a 30 year track record of working across Queensland to help people with a disability take control of their lives and take their place in their community.
- Community Resource Unit (QLD), Resourcing Inclusive Communities, an initiative of Family Advocacy (NSW) and Imagine More (ACT) are working together on a three-year project called 'School To Work'.
- 'School To Work' aims to inspire, increase confidence and motivate students with disability to seek and find meaningful employment with the help and support of their family and community.
- The project is being provided as part of the Community Inclusion Capacity Development program through The Department of Social Services.

## Contact Community Resource Unit Ltd.

### Phone

07 3844 2211

### Email

[cru@cru.org.au](mailto:cru@cru.org.au)

### Website

[www.cru.org.au](http://www.cru.org.au)

### Address

Level 2, 43 Peel Street, South Brisbane, Queensland, 4101



# NEW FUTURE

Your new future begins today... call us on 1300 585 636.

## Begin a new future that's all about you...

**We understand what it's like to care for someone.**

**We are here to make your life easier.**

Your Caring Way (a Carers Queensland initiative) offers **FREE employment** services and **SUBSIDISED training** options for unpaid carers.

We're here to listen, assist in learning, and create a personalised step-by-step plan towards achieving fulfilment in your own life. Whether it's studying, volunteering, or finding a job, we can help you get started in many ways.

More than 600 carers accessed training, and over 200 gained employment last year with Your Caring Way's support. You can be one of them!

Let us support you while you support your loved ones.

**Your new future begins today...**

### Get in touch

- [1300 585 636](tel:1300585636)
- [info@yourcaringway.com.au](mailto:info@yourcaringway.com.au)



## Perfectinizm. Prefectionism. Purfectionizm. URGH! I can't do it!

### Does this remind you of the children you know?

Making mistakes can be particularly frustrating for students with ASD. Teachers often tell me their students continue making the same mistakes, and get frustrated when they are corrected.

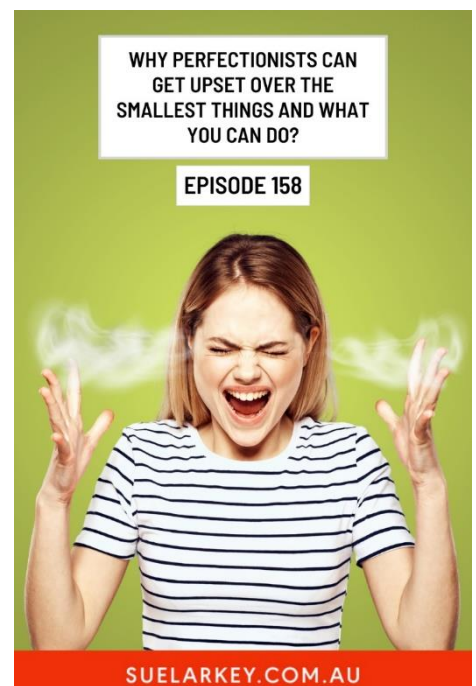
In this blog I hear from my wonderful Facebook community **5 categories** of things they find upset perfectionists.

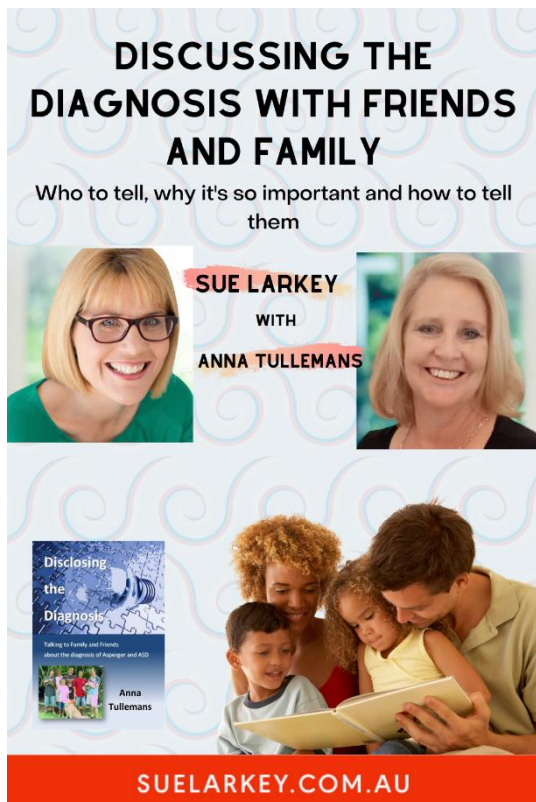
I also give 11 of my favourite tips to help support perfectionists and prevent meltdowns.

[https://suelarkey.com.au/why\\_perfectionists\\_get\\_upset\\_what\\_can\\_you\\_do-2/](https://suelarkey.com.au/why_perfectionists_get_upset_what_can_you_do-2/)

Additional Webinars and On-Demand courses available here:

<https://elearning.suelarkey.com.au/>





In this podcast I interview the wonderful Anna Tullemans and get her insights on [Discussing the Diagnosis with Friends and Family](#).

Anna knows firsthand how daunting it can be talking to family and friends about diagnosis. But it is also so important that those around your child understand their needs and can accommodate, adjust and support them.

In this episode Anna and I discuss strategies

- \* who needs to know
- \* how much to share
- \* why it is so important

[https://suelarkey.com.au/sharing\\_diagnosis\\_how\\_friends/](https://suelarkey.com.au/sharing_diagnosis_how_friends/)

# INITIATIVES AND IDEAS TO HELP BUILD SOCIAL CONNECTION IN NEURODIVERSE TEENS AND ADULTS

**Many neurodiverse teens and young adults struggle with social connections post school.**

One solution I talk about is the range of community programmes for social connection.

Discussed in this Episode:

- ✓ Why social skills programmes need to be “driven” by individual’s needs and their personal goals (HELP)
- ✓ How to build social capacity in teen years and beyond
- ✓ The importance of programmes/ relationships being
- ✓ Two amazing programmes share insights and information on how programs support teens and young people to develop connections and friends
- ✓ Range of fabulous options available in most communities to help build social connections

**Listen to Episode 193 for more info:**

<https://suelarkey.com.au/social-connection-for-neurodiverse-teen-adults/>

## 10 GREAT GROUPS AND ACTIVITIES TO CREATE FRIENDSHIPS FOR YOUNG ADULTS

<b>CHESS CLUB</b> The quiet environment offers a great new environment that fosters the building of new relationships	<b>STELLAR EXPERIENCES</b> company run events that offer opportunity to meet people in similar situations Links to the business : <a href="https://www.facebook.com/stellarexp">https://www.facebook.com/stellarexp</a> <a href="https://stellarexp.com.au/">https://stellarexp.com.au/</a>
<b>LEISURE SPORTS</b> eg .Darts, pool , lawn bowls ,table tennis, ten pin bowling, racket balls	<b>NDIS SERVICES</b> services provides regular friendship in a safe environment where young adults can do activities with care takers of similar age
<b>PARK RUNS</b> Park runs offer an inclusive environment whilst promoting health and fitness	<b>MEN'S SHED</b> Men's shed provides purpose and community for men and mentoring
<b>IGNITION GAMING</b> Companies such as ignition gaming have been shown to offer great social connection for young adults on the spectrum	<b>ROVERS</b> Rovers is a training program of Scouts Australia for adults aged between 18 and 25 years of age. Offers a great environment full of likeminded young people
<b>LOCAL COMMUNITY CENTRE</b> Local community centre's offer a safe environment for young adults to foster relationships whilst completing fun tasks	<b>VIRTUAL FRIENDS</b> Virtual friendships can offer a group with friends who have common interest eg. cooperative games

FOR FURTHER INFORMATION SURROUNDING THIS TOPIC GO TO : [SUELARKEY.COM.AU](https://suelarkey.com.au)



Tony Attwood and Michelle Garnett are internationally recognised experts in autism, with a combined knowledge and experience of over 70 years as clinical psychologists, authors, researchers and consultants. In addition to their regular events, Attwood & Garnett have an informative and insightful blog. Below are the recent blog offerings for your information. For more, visit:

<https://attwoodandgarnettevents.com/category/attwood-and-garnett-blog/>



## **Autism and Bullying: New developments in research and support**

by Prof Tony Attwood and Dr Michelle Garnett

Why are autistic students so frequently the victims of bullying? From our extensive clinical experience, we have found that there are usually many reasons. The biggest is that they are perceived as easy victims due to often being alone and not having a group of friends for protection. Due to low self-confidence, they often have the posture and body language of someone insecure and vulnerable. Due to both low self-esteem and social status they can be perceived as being a relatively 'soft target', i.e., someone unlikely to be assertive or able to retaliate in a way that could cause discomfort to the 'predator'.

Due to difficulties with social reasoning and Theory of Mind (perspective-taking) abilities, they may also lack the ability to determine if an action or suggestion was deliberate or accidental, whether teasing is friendly or malicious and the difference between humour and insult. Bullying can occur for autistic students of all ability levels, including children attending a special school (van Roekel, Scholte & Didden, 2010). The study found that autistic adolescents who were frequently bullied sometimes misinterpreted non-bullying situations as bullying. They had become over-sensitised and quick to react without analysing intentions.

Continue reading: <https://attwoodandgarnettevents.com/autism-and-bullying-new-developments-in-research-and-support/>





## Autism and Trauma

by Professor Tony Attwood & Dr Michelle Garnett

There is increasing recognition that autism and trauma are associated in significant ways which contribute to our understanding of autism, our awareness of the importance of the assessment of trauma in the diagnostic assessment process, and the types of support and treatment offered.

What is Trauma?

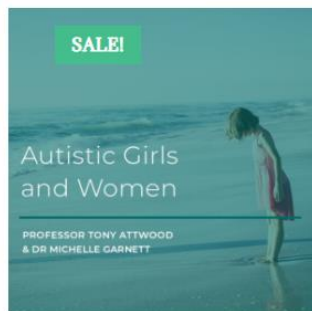
Our current diagnostic manual, DSM5-TR defines trauma as “actual or threatened death, serious injury, or sexual violence” (APA, 2022, page 301). To be diagnosed with Post-Traumatic Stress Disorder (PTSD) using the DSM5, the person must have experienced this type of trauma, and demonstrate trauma symptoms with functional impairment including:

- persistent re-experiencing of the event, via flashbacks and/or nightmares and/or involuntary distressing memories of the trauma;
- avoidance of internal and/or external thoughts or reminders about the trauma;
- signs of worsening cognition or mood after the trauma for eg, persistent and exaggerated negative beliefs about oneself, others and the world; inability to experience positive emotions;
- Changes in reactivity and arousal after the trauma, for eg, hypervigilance, sleep disturbance, problems with concentration.

However, it is possible to experience different types of trauma and still show the symptoms of PTSD. For example, children who experience high levels of exposure to neighbourhood violence, parental divorce, traumatic loss, poverty, mental illness, and substance abuse in the family (adverse childhood experiences or ACEs) may develop PTSD symptoms and meet criteria for Complex-PTSD (trauma symptoms in reaction to a series of traumatic events over time). These children have been found to be at higher risk for poorer medical, psychiatric, and socioeconomic outcomes across their lifetimes (Felitti, et al 1998). The higher number of ACEs they experience, the higher their risk of poor outcomes across multiple dimensions.

Continue reading: <https://attwoodandgarnettevents.com/autism-and-trauma/>

## Upcoming Events



*General, Live Webcast*

**WEBCAST EVENT: Autistic Girls and Women – 9 June 2023**

~~\$230.00~~ **\$195.00**



*General, Live Webcast*

**WEBCAST EVENT: Exploring Friendship in High School – 17 July 2023**

~~\$120.00~~ **\$99.00**



*General, Live Webcast*

**WEBCAST EVENT: Exploring Friendship in the Primary Years – 17 July 2023**

~~\$120.00~~ **\$99.00**



*General, Live Webcast*

**WEBCAST EVENT: PDA for Professionals – 4 August 2023**

~~\$120.00~~ **\$99.00**

### Autistic Girls and Women

Live Webcast

Date: **9 June 2023**

This presentation will celebrate the unique presentation of autistic girls and women. It will increase awareness and knowledge of autistic female presentation and share strategies we find useful in clinical practice. We will address key challenges, including self-understanding, adolescence, relationships and expressing and managing emotions. We will provide strategies to maximise the possibility of successful outcomes.

### Exploring Friendships in High School

Live Webcast

Date: **17 July 2023**

We created this presentation for parents and professionals to explain the friendship challenges and provide ideas and strategies for increasing friendship success for autistic adolescents at high school.

### Exploring Friendships in the Primary Years

Live Webcast

Date: **17 July 2023**

The webcast will focus on relevant research on friendship for autistic boys and girls during their primary school years, describe the stages of friendship during those years and strategies to improve friendship abilities, experiences, and confidence at school.

More events: <https://attwoodandgarnettevents.com/upcoming-events/>

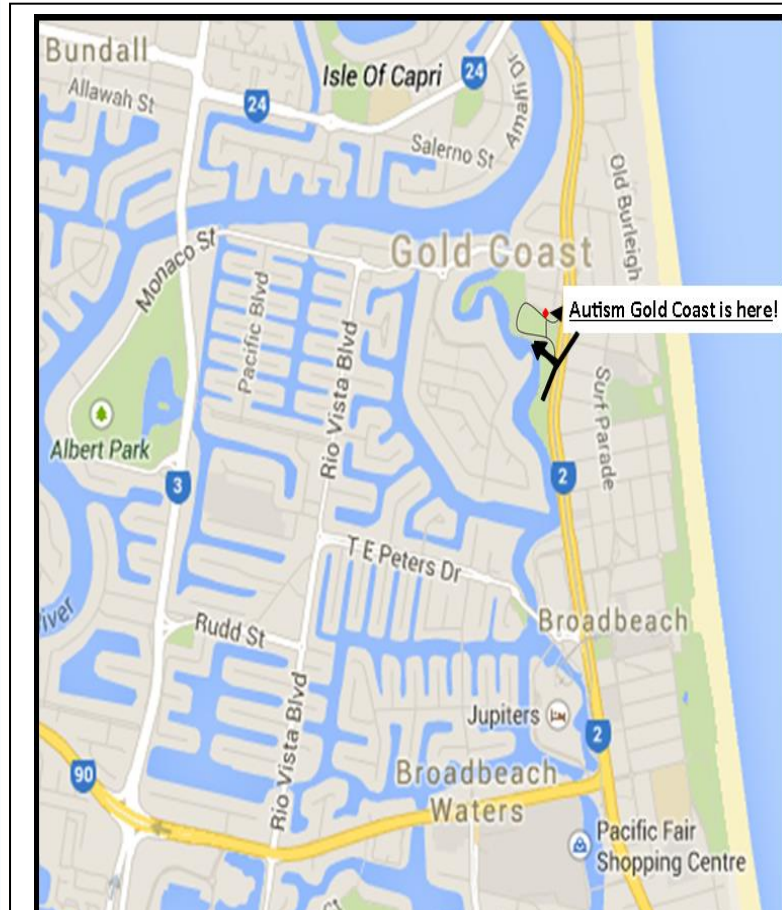


*The **opportunities and services** that Autism Gold Coast provides into the future comes from **inspiration and ideas** that people in our community share with us.*

*What would YOU like to see created for the ASD community of families? **Share it** with the Management Committee and let's get together to see what can be generated!*

***Thoughts... ideas... Do you know someone who could help drive or support the idea into fruition? If so, email us: [admin@autismgoldcoast.com.au](mailto:admin@autismgoldcoast.com.au), or leave a message on 0480 275 582***

*Autism Gold Coast  
Cascade Gardens  
Gold Coast Highway, BROADBEACH*



**Entry is via the southern entrance to Cascade Gardens** on Gold Coast Highway, Broadbeach: via the traffic lights at St Kilda Ave.

Follow the circuit drive around Cascade Gardens Park until you see Autism Gold Coast's cottage on the left.

**Exit north bound**, using the northern exit to the park

**Exit south bound**, using the southern exit to the park (traffic light)

**Tram stops** at intersection of Gold Coast Highway and Monaco St traffic lights

**Make a tax deductible donation to Autism Gold Coast now!**



Donations are vital to the ongoing work we do, and services we're able to provide. Your contribution helps us continue to provide support and assistance to people living with Autism and their families. All donations over \$2 are tax deductible.



**Donations** can be made from our website using [GiveNow.com.au](https://www.givnow.com.au) or through our [PayPal account](#)

*How you can help us...*

At some time or another, everyone needs a helping hand. Autism Gold Coast doesn't receive any government funding. It's managed by a small group of dedicated parents. We'd love to hear from you if you can donate goods or services to help us achieve our dream of a safe and beautiful place to provide services for families – at the moment that's over 600 families.

- ▶ ideas for activities ▶ offer to do a sweep & mop ▶ offer to wash the handtowels
- ▶ weed the garden ▶ share your talents with others ▶ get involved at committee level





Autism  
Gold Coast Inc.

ABN: 43 196 196 468

Registered Charity: CH 1524

PO Box 2272, BURLEIGH WATERS QLD 4220

0480 275 582 (Please leave a message if unattended.)

## 2023 Membership Application Form

### TAX INVOICE

DESCRIPTION	QTY	PRICE	AMOUNT
<b>2023 Autism Gold Coast Inc Annual Membership (January to December) (GST free)</b> <input type="checkbox"/> Individual/Family - \$20 <b>OR</b> <input type="checkbox"/> Concession Card holder - \$15	1	\$20.00 or \$15.00	\$_____
<b>Donation to Autism Gold Coast Inc</b> [ Donations over \$2 are tax deductible ] Or make a secure online donation via <a href="http://autismgoldcoast.com.au/make-a-donation/">autismgoldcoast.com.au/make-a-donation/</a> .			\$_____
<b>Payment:</b> <input type="checkbox"/> CHEQUE <input type="checkbox"/> MONEY ORDER <input type="checkbox"/> CASH <b>TOTAL:</b> Make all cheques / money orders payable to: <b>Autism Gold Coast Inc</b> <input type="checkbox"/> <b>DIRECT DEPOSIT:</b> Pls <u>Reference YOUR SURNAME &amp; POST/EMAIL this M'ship Form.</u> <b>Autism Gold Coast Inc, Suncorp Metway, Brisbane BSB: 484799 Account:</b> <b>500400106</b> <b>E&amp;OE</b>			\$_____
<b>If your membership details below have <u>not changed</u></b> (address / email / phone / additional children with/without diagnosis), please <b>tick</b> this box, and <b>post / email</b> this form with membership fee. <b>&gt;&gt;&gt; PLEASE ENTER YOUR NAME BELOW &lt;&lt;&lt;</b>			<input type="checkbox"/>
<b>NAME/S:</b> _____ <b>POSTAL ADDRESS &amp; POST CODE:</b> _____ <b>TELEPHONE / Mobile:</b> _____ <b>EMAIL:</b> _____ <b>ORGANISATION:</b> (if applicable) _____ I would like to receive the <b>Newsletter by email</b> <input type="checkbox"/> YES <input type="checkbox"/> NO <b>NB:</b> Your email is undisclosed to other recipients. I would like to be on the <b>Email Newsgroup</b> (information-updates) <input type="checkbox"/> YES <input type="checkbox"/> NO <b>My association with ASD is:</b> I am a <input type="checkbox"/> Parent <input type="checkbox"/> Adult with ASD <input type="checkbox"/> Sibling <input type="checkbox"/> Interested Professional <input type="checkbox"/> Other: _____ <b>Name of diagnosed Child/ren:</b> 1 _____ 2 _____ <b>Date of Birth:</b> _____ <b>School / Centre / Work:</b> _____ <b>Sibling Names:</b> _____ <b>DOB:</b> _____ _____ _____			
<b>If you have any questions concerning Autism Gold Coast Inc membership, please contact:</b> [e] <a href="mailto:admin@autismgoldcoast.com.au">admin@autismgoldcoast.com.au</a>		<b>OFFICE USE ONLY:</b> <b>Receipt No:</b> _____ <b>Date:</b> _____	

Thank you for your support through membership!