



Occupational Therapy (OT)

We'll work together to understand how daily routines, sensory needs, and motor skills affect everyday life. Through activities and observations, we'll set personalised goals to build skills, support independence, and develop strategies for quality living.

An Autism Queensland therapist can support:

Community
Access



Goal
Planning



Daily Living
Skills



Motor
Skills



Play & Social
Skills



Sensory
Experiences



Emotional
Regulation



School
Skills



Statewide Delivery: Available face-to-face at AQ centres across Queensland (centre services may vary), within the community (travel fees may apply), or statewide via Telepractice. Waitlists may apply.



Scan QR code to view other resources, services and supports offered by Autism Queensland.

Autism Queensland is here to help—get in touch to learn more:



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