



Service Overview

Autism & Mental Health Training



Fully-funded autism-specific training for Queensland mental health professionals, organisations, and general practitioners (GPs).

Our training sessions equip practitioners to better understand the autistic experience and provide meaningful, neurodiversity-affirming support. They focus on autistic adolescents and adults with co-occurring mental health conditions and are co-developed with autistic people, families, and mental health professionals.

Delivered statewide online or face-to-face*

- Gain a deeper understanding of the autistic experience and mental health impacts.
- Develop strategies to accommodate individual client needs.
- Discuss neurodiversity-affirming considerations for mental health assessments and explore treatment adjustments for autistic clients.
- Analyse case studies to apply new knowledge and tailored strategies.




Please note: Face-to-face sessions are dependent on location and demand. Training is only for Queensland mental health practitioners/organisations and GPs.



Scan QR code to view current sessions and other workshops offered by Autism Queensland.

Autism Queensland is here to help—get in touch to learn more:



 **Email:** css@autismqld.com.au
 **Phone:** (07) 3273 0000
 **Website:** autismqld.com.au

This service received funding from the Australian Government Department of Health, Disability and Ageing.