



Service Overview




Connections 4 Women

Autism Queensland (AQ) is facilitating **FREE** social connection groups for anyone who identifies as an autistic or otherwise neurodivergent woman (18+) and lives in Brisbane – South, Central Queensland, or Toowoomba.

These groups provide an inclusive space for women to connect, collaborate, and belong through participant-led discussions and co-created resources. Facilitator lived experience and co-design ensures groups remain aligned with community and participant needs.

Co-designed and facilitated by autistic women

- **A supportive space:** Connect in a safe environment where you truly belong.
- **Build friendships and community:** Meet other women who understand and share your experiences.
- **Facilitated by autistic women:** A place where your voice is heard and valued.

 **Brisbane – South, Toowoomba and Central Queensland**
(online groups also available for those living in these areas).

 **Small groups** (max. 8) enabling stronger connections.


 Groups run for **up to two hours**.





Scan QR code to register your interest.

Autism Queensland is here to help—get in touch to learn more:



 **Email:** communityinclusion@autismqld.com.au

 **Phone:** (07) 3273 0000

 **Website:** autismqld.com.au

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